

## Adult patient checklist - specific to RLT

Please take the time to carefully review these guidelines. We want to ensure that you are well prepared for each step of your treatment journey with INVIVA®.

## **BEFORE YOUR APPOINTMENT** THE DAY OF YOUR APPOINTMENT It is recommended to wear loose-fitting clothes and comfortable 2-5 days before your appointment you will receive a shoes as your appointment may be over an extended period. reminder of your appointment. It can be via our automated system (if you provided consent to receive notifications via It's important to drink plenty of water and stay hydrated the email or text) or from your Patient Care Coordinator (PCC) day before your appointment. Always follow your physicians who will call or email you. order for fluid restrictions Make arrangement for someone to pick you up if you think Show up at least 15 minutes prior to appointment you may need support. The ability to drive motor vehicles You will be required to sign consent forms may be impaired depending on the therapy administered. Nurses may conduct screener prior to your appointment to Contact INVIVA®/your PCC to inform of any changes in your ensure fitness for treatment medical condition. These include but are not limited to: You may be required to stay for an observation period Any surgery/procedure (i.e., dental extraction), following your treatment. hospitalization or ER visits Pregnancy or breast feeding Any vaccination since your last treatment AFTER YOUR APPOINTMENT An active infection and/or if you are taking antibiotics for Post Visit Report (PVR) will be sent to your physician for the purpose of an active infection. further follow up If you are experiencing any concerning symptoms call immediately the ER or your physician. WHAT TO BRING TO YOUR APPOINTMENT Nurse will give you a card with your next appointment. List of your current medications (if you are taking any additional medication). Activities to pass time, such as reading materials, devices **DISCHARGE INFORMATION** (with chargers), gadgets and earphones. For your comfort, a blanket and/or a sweater. Following your treatment, please return home immediately to minimize radiation exposure to the public. For the next two days, limit close contact with household members and maintain a distance of at least 3 feet whenever possible. This precaution extends to seven days for children and pregnant women. Sleep in a separate bedroom for three days post-treatment. Ensure you use contraception throughout your treatment period. If you plan to travel, obtain a travel letter from your Scan this code to learn

physician or clinic and discuss your travel plans with

your care team before beginning treatment.

For any safety concerns, consult your physician.

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